



# Baby-Friendly Spaces

## Tips for Staff

### To create a comfortable atmosphere for families to feed their children

- ◇ Ask the family where they would like to sit. Please do not ask families to feed their child in the washroom.
- ◇ Talk to the family in a friendly manner, asking them about their child.
- ◇ Make eye contact with families while they are feeding their child. This will show that you are comfortable, allowing the family to be comfortable.
- ◇ Provide the same level of service, even when the child is feeding.

### If a customer expresses concern about a family that is feeding in public

- ◇ Acknowledge the customer's feelings of discomfort.
- ◇ State that you are a baby-friendly setting and it is your policy to support families in the way that works for their child.
- ◇ Explain the Saskatchewan Human Rights Commission supports families to breastfeed/ chestfeed in public. It is a basic human right for babies to feed anywhere, anytime, and without being covered up.
- ◇ Offer to move the concerned patron rather than the family. This supports the fact that feeding their child is their right and protects the family from harassment and discrimination.
- ◇ If needed, ask your supervisor for assistance.

### *Healthy People, Healthy Saskatchewan*

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



saskhealthauthority.ca