

Delaying discharge of Mother Baby Dyads until supports are in-place

Key messages:

- The discontinuation of birth alerts offers a chance to reflect on how we support families.
- Ensuring women are safe and supported will provide safety and support for newborns as well.
- This may involve extra time in hospital to align with the appropriate community resources.
- Taking time to plan and support can be challenging with our busy pace, but this is a necessary step to effectively caring for patients.



Possible huddle discussion questions:

- How can we manage occasional longer hospital stays within our day to day patient flow?
- What might help us moving forward in supporting families in hospital?
- Can we challenge ourselves to view psychosocial wellbeing as important as physical wellbeing?

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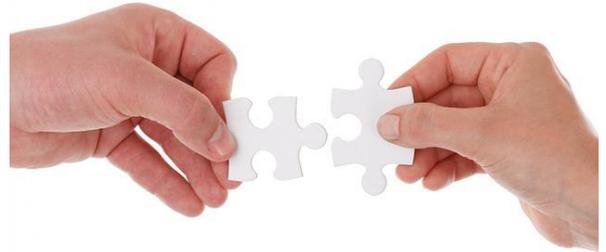
Manager's Notes Section:

Please provide any feedback from your team or questions to:
MatChildKMU@saskhealthauthority.ca

Supporting Mother Baby Dyads as an interdisciplinary team

Key messages:

- With the discontinuation of birth alerts, you may have questions about your role.
- The responsibility to ensure patients are safe and supported has not changed.
- As you did before, making sure a new mom is connected with resources is important.
- Reaching out to your facility support network remains the same. Teams such as Social Work and FNMHS will help navigate planning.



Possible huddle discussion questions:

- Are there any roles within our interdisciplinary team that you feel require clarification, or that you would like to better understand how/when to engage?
- Are there supports outside our facility that we should be connecting with?
- What do you need as a staff to feel confident in navigating supports when some members of your team may not be available? Is there opportunity to consider delaying discharge until supports can be coordinated?

Detach here

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