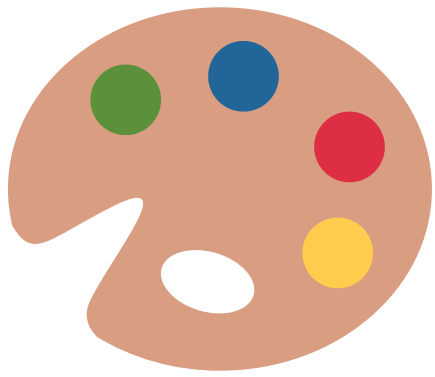


The Stuck Inside Guide!

FUN BOREDOM BUSTERS FOR KIDS, TEENS, AND FAMILIES

ARTS AND CRAFTS

YouTube search any of the following:



1. "[Art For Kids Hub](#)" for art lessons on how to draw baby Yoda, unicorns, cars, Frozen characters, sharks, and more!
2. "[Createful Kids](#)" for how-to draw: mermaids, Captain Underpants, Lego joker, Moana, and more!
3. Have your own Paint Night! "[Paint Night for kids](#)"

ZOO AND AQUARIUM

Google search any of the following:

1. "[San Diego Zoo Live Cam](#)" to see apes, baboons, elephants, owls, koalas, giraffes, polar bears, tigers!
2. "[Atlanta Zoo Panda Cam](#)"
3. "[Georgia Aquarium Webcam](#)" to see a beluga whale, sea lions, prahanas and many more aquarium fish!
4. "[Monterey Bay Aquarium Live Cam](#)" to see jelly fish, sea otters, sharks and turtles!



PHYSICAL ACTIVITY AND RELAXATION

YouTube search any of the following:



1. "[Cosmic Kids Yoga](#)" for different themed yoga including Minecraft, Frozen, Spider man, Trolls and much more!
2. "[GoNoodle](#)" for fun movement and mindfulness videos to get moving!

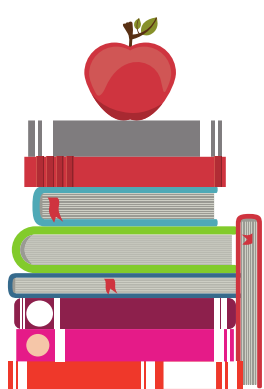
MUSIC

1. Google: search "[Chrome Music Lab](#)" for fun music making and hands on music experiments!
2. YouTube: search "[The Ultimate Disney Songs Playlist](#)" for 200+ Disney songs and videos!
3. Google: search "[Live Stream Concerts 2020](#)" to see Charlie Puth, Lizzo, Garth Brooks and many more artists perform live!



EDUCATION

Google search any of the following:



1. "[Starfall](#)" this site teaches children how to read by using games and phonics!
2. "[Wonderopolis](#)" click on "Explore Wonders" for Science, Social Studies, Technology and many more COOL facts about the world.
3. "[Khan Academy](#)." for personalized learning for any age!

STORYTIME AND PUPPET SHOWS

1. YouTube: search "[Storyline Online](#)" for Celebrities reading fun animated books!
2. YouTube: search "[Story Time From Space](#)" for videos of astronauts reading kids books as they orbit hundreds of miles above earth!
3. Facebook: Join a group called "[Enchanted Garden Virtual Story time](#)" for stories read by local princesses! New stories coming every Wednesday!
4. Facebook: search "[Wide Open Children's Theatre](#)" to check out this local company's amazing Puppets, Toddler Time Stories, songs, and more!

OTHER ACTIVITIES TO TRY:

- Family/Friend Time: House Party app on Apple devices. Virtually see your friends and family and play Heads Up, Trivia and more! Try the Zoom app for Android devices!
- Play I Spy looking out your window!
- Read a book, play cards, do a puzzle or play Simon says!
- Write a letter or draw a picture and send it in the mail to a loved one or friend!